

Upwards Cheerleading

Pom Poms Squad

Saturday	January 14	8:15 for 8:30 game*
Thursday	January 19	7:00 – 7:45pm practice
Saturday	January 21	9:30 for 9:45 game*
Thursday	January 26	7:00 – 7:45pm practice
Saturday	January 28	11:15 for 11:30 game*
Thursday	February 2	7:00 – 7:45pm practice
Saturday	February 4	9:30 for 9:45 game*
Thursday	February 9	7:00 – 7:45pm practice
Saturday	February 11	9:30 for 9:30 game*
Thursday	February 16	7:00 – 7:45pm practice
Saturday	February 18	8:15 for 8:30 game*
Thursday	February 23	7:00 – 7:45pm practice
Saturday	February 25	11:15 for 11:30 game*
Thursday	March 1	7:00 – 7:45pm practice
Saturday	March 10	9:30 for 9:30 game*

***Note: for games please wear your white turtleneck under your shell, your skirt, hair in a ponytail with hair ribbon, white socks and tennis shoes (white if you have them).**

For all practices please wear comfortable clothes and tennis shoes.

Please bring your pom-poms and megaphone to practice and games.